

Woah, look out! I almost crashed.
I really should look where I dash!
Anyway, my name's Twirly! Hi!
Good to see you passing by!

You know what really makes my day?
There's just one thing I live for - play!
I just adore zooming about.
Fun's something I can't go without!

It feels so good to bounce and jump!
How could I ever feel in a slump
When there's so much fun to be had?
Surely, there's no feeling bad!

Except... that's not always the case.
Sure, I love to swim and race.
Some days, though, I don't feel right.
Even when the day is bright.

On those days, I don't understand.
When a day is sunny and grand,
What reason do I have to be
Down in the dumps? I just don't see.

There's nothing wrong with feeling down.
It's okay to wear a frown.
We all feel that way sometimes.
Not being happy is no crime.

You might have days like those ones, too.
When you just feel really blue.
You might not know the reason why,
You might just feel the need to cry.

Talking to your friends can help,
But if you want time to yourself,
That's fine! Don't worry, things will improve
And you'll get back into your groove!

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*Disclaimer: Twirly's Day is Sad and Grey and all Rainbowbelly Gang characters/written works belong to me, Rebecca Lambeth. You may **not** use my work or my characters without my permission - please get in touch if you would be interested in working together.*

